



NATIONAL B-COMPETITIONS REGULATIONS

General rules:

Members of Belgian skating clubs can participate in categories according to their obtained level.

- To obtain a Miniemen level, the skaters must participate in Pre-Miniemen and need to have a Competition level test or at least Pre-preliminary MIF test.
- Skaters who already have a Pre-preliminary MIF or higher MIF test don't have to take the Competition level test. They can start to participate in Miniemen category if they obtained the minimum TES score for this category.
- Skaters who have obtained a Pre-preliminary MIF test but don't have the Miniemen level yet (minimum TES season 2015-2016 of 5, 50 pts TES) will start the new season in the category Pre-Miniemen.
- A new category will be introduced in the B-competitions, called Young Adults. This category is created for skaters who can compete in B-Competitions only and still want to participate in B-Competitions but don't want to compete with youngsters.
- Skaters who decided to compete in the B-Competitions Young Adult categories, cannot participate in the B-Competitions level categories for the running season. (The skater has to make this decision before the first Belgian Competition of the season).
- Skaters who have the possibility to participate in A-Competitions will compete in separate groups according to their obtained level in B-Competitions.
- No skater who has the possibility to compete in A-Competitions can participate among the skaters who can only compete in B-Competitions.

Conditions in case of a new figure skating level obtained:

- A skater who obtains a higher figure skating level, can participate in the same category for the next National B-Competitions and this with a maximum of three (3) months after obtaining of the new level. After three (3) months she/he needs to participate in the new category in the National B-Competitions.
- The valid date of obtaining a Figure Skating Level Test is the day of the competition where the skater obtained his/her Figure Skating Level Test.
- A skater can also upgrade the category after obtaining a higher level for the following National B-Competitions, if it's the skater's choice but it's not mandatory.
- In case of an upgrade to a higher category within three (3) months, the club has to inform the National General Secretary, the Regional Secretary and the Responsible National Competition about the respective competition at least two (2) weeks before the first competition day.

National General Secretary: secretariaat.kbkf@telenet.be

Regional Secretary Flemish speaking federation: mariabouwens@hotmail.com

Regional Secretary French speaking federation: ffpa.christian.pieman@skynet.be

Responsible National Competitions: ludod@telenet.be

Citizenship requirements:

Members of Belgian skating clubs can only compete in National B-Competitions if:

- They have the Belgian citizenship.
- For more information, see latest ISU communication n° 2030 – Rule 109

Warm-up:

- **Pre-Miniemen and Miniemen Girls and Boys** warm up groups can be maximum up to **eight (8)** skaters.
- Singles Girls and Boys for **all Novice Divisions** warm-up groups can be maximum up to **eight (8)** skaters.
- Boys will have separate warm-up groups from the girls/ladies. However, starting from Novice A boys can be put together in one group (Novice A, Novice B and Advanced Novice).
- Miniemen and Pre-Miniemen boys can also be put together in one group. Warm-up groups can be maximum up to **eight (8)** skaters.
- **Junior and Senior Ladies and Men** need to have separate warming up groups (according ISU rules). Warm-up groups can be maximum up to **six (6)** skaters.
- Boys/Men can skate before or after the Girls/Ladies categories.

Categories more than 36 skaters:

If there are categories of more than 36 entrees in Belgian National B-Competitions, these categories will be divided into age groups. Organizing Clubs are allowed to divide smaller groups as well using the same criteria.

The age groups will be divide as follows:

Novice B - U 17 (U 17 means under 17 years old)
Novice B - S 17 (S17 means starting from 17 years old)

Novice A - U 15
Novice A - S 15

Miniemen - U 12
Miniemen - S 12

Pre-Miniemen - U 11
Pre-Miniemen - S 11

- When there are less than three (3) skaters in an age group, skaters will participate in one category whatever their age.
- Clubs enter their competitors in the categories they need to participate in for the competition and the Belgian Federation will publish, in time, if categories will be divided into age groups or not. This will be published on the website www.skatebelgium.be .

Organizing clubs:

- All Belgian clubs who organize a National B-competition need to put these regulations of the federation KBKF/FRBPA in their announcement for the categories for which they are valid.

PRE-MINIEMEN

To compete in this Category, **Competition level or Pre-pre preliminary** is required for a Belgian Skater.

Free Skating Program for Girls & Boys: 2:30 min +/- 10 sec.

Warming up: **4 minutes**, warm-up groups can be maximum up to eight (8) skaters.

Vocal Music is allowed in this category.

There will be **no** Bonus for jump elements performed in the second half of the Free Program.

A well balanced Free Skating Program for Pre-Miniemen singles Girls and Boys must contain:

a) Maximum of **4 jump elements for Girls and Boys.**

There may be up to one (1) jump combination or sequence.

A jump combination can contain only two 2 jumps.

A jump sequence can contain any number of jumps, but only the two (2) most difficult jumps will be counted.

Any single jump cannot be executed more than twice in total.

Jumps with one and a half (1-1/2) revolutions (1A) and double jumps are **NOT** permitted.

Rule 612, para 2, part Repetitions: If an extra jump(s) is executed, only the individual jump(s) which is not according to the requirements will have no value. The jumps are considered in the order of execution.

b) There must be a maximum of **two (2) spins of a different nature (abbreviation)**

One (1) position spin no change of foot (minimum four (4) revolutions in total)

One (1) combination spin no change of foot (minimum six (6) revolutions in total)

In both spins flying entries are **NOT** allowed.

The minimum of required revolutions must be counted from the entry of the spin until its exit (except final wind-up in spins in one position spin).

c) For Girls and Boys **one (1) step sequence fully covering the ice surface.** This step must contain steps, turns.

The step sequence will have a **level Base maximum.**

The Program Components are only judged in:

- Skating Skills
- Performance

Component factor: 2.5

LEVEL EXPLANATIONS:

All elements, which are subject to levels, only features up to **Level 1** will be counted except for the step sequence which will have a **level Base maximum.**

FALL -0.5 Pt: A Fall is defined as a loss of control by a skater with the result that the majority of his/her own body weight is on the ice supported by any other part of the body other than the blades e.g. hand(s), knee(s), buttock(s), or any part of the arm (Rule 503, para 1).

MINIEMEN

To compete in this Category, **Miniemen level** is required for a Belgian Skater.

Free Skating Program for Girls & Boys: 2:30 min +/- 10 sec.

Warming up: **4 minutes**, Warm-up groups can be maximum up to eight (8) skaters.

Vocal Music is allowed in this category.

There will be **no** Bonus for jump elements performed in the second half of the Free Program.

A well balanced Free Skating program for Miniemen singles Girls and Boys must contain:

a) Maximum of **4 jump elements for Girls and Boys.**

There may be up to two (2) jump combinations or sequences.

Jump combinations can contain only two (2) jumps.

A jump sequence can contain any number of jumps, but only the two (2) most difficult jumps will be counted.

Any single and double jump (including Double Axel) cannot be executed more than twice in total.

Rule 612, para 2, part Repetitions: If an extra jump(s) is executed, only the individual jump(s) which is not according to the requirements will have no value. The jumps are considered in the order of execution.

Triple jumps are **NOT** permitted.

b) There must be a maximum of **two (2) spins of a different nature (abbreviation)**

One (1) spin combination: a spin combination with a change of foot minimum eight (8) revolutions or without a change of foot minimum six (6) revolutions.

One (1) spin with no change of position: a spin in one position with a change of foot minimum eight (8) revolutions or without a change of foot minimum six (6) revolutions.

In both spins flying entries are **NOT** allowed.

The minimum of required revolutions must be counted from the entry of the spin until its exit (except final wind-up in spins in one position spin).

c) For Girls and Boys there must be **one (1) step sequence with fully utilizing the ice surface.**

The Program components are only judged in:

- Skating Skills
- Performance

Component factor: 2.5

LEVEL EXPLANATION:

All elements, which are subject to levels, only features up to **Level 2** will be counted.

Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

If a **double Axel (2A)** is executed and called by the Technical Panel (no < or <<) in the program, a bonus of 0.5 will be given even if there is a fall.

FALL -0.5 Pt: A Fall is defined as a loss of control by a skater with the result that the majority of his/her own body weight is on the ice supported by any other part of the body other than the blades e.g. hand(s), knee(s), buttock(s), or any part of the arm (Rule 503, para 1).

NOVICE A

To compete in this Category, **Novice A level** is required for a Belgian Skater.

Free Skating Program for Girls & Boys: 2:30 min +/- 10 sec.

Warming up: **6 minutes**, Warm-up groups can be maximum up to eight (8) skaters.

Vocal music is allowed in this category.

There will be **no** Bonus for jump elements performed in the second half of the Free Program.

A well balanced Free Skating program for Novice A singles Girls and Boys must contain:

(According ISU communication n° 2024)

a) Maximum of **4 jump elements for Girls and Boys** of which must be an Axel type jump.

There may be up to two (2) jump combinations or sequences.

Jump combinations can contain only two (2) jumps.

A jump sequence can contain any number of jumps, but only the two (2) most difficult jumps will be counted.

Any single and double jumps (including Double Axel) cannot be executed more than twice in total.

Rule 612, para 2, part Repetitions: If an extra jump(s) is executed, only the individual jump(s) which is not according to the requirements will have no value. The jumps are considered in the order of execution.

Triple jumps are **NOT** permitted.

b) There must be a maximum of **two (2) spins of a different nature (abbreviation)**

One (1) Spin combination: a spin combination with a change of foot minimum eight (8) revolutions or without a change of foot minimum six (6) revolutions.

One (1) Spin with no change of position: a spin in one position with a change of foot minimum eight (8) revolutions or without a change of foot minimum six (6) revolutions.

In both spins flying entries **ARE** allowed.

The minimum of required revolutions must be counted from the entry of the spin until its exit (except final wind-up in spins in one position spin).

c) There must be **one (1) step sequence with fully utilizing the ice surface**.

The Program components are only judged in:

- Skating Skills
- Performance

Component factor: 2.5

LEVEL EXPLANATION:

All elements, which are subject to levels, only features up to **Level 2** will be counted.

Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

If a **double Axel (2A)** is executed and called by the Technical Panel (no < or <<) in the program, a bonus of 0.5 will be given even if there is a fall.

FALL -0.5 Pt: A Fall is defined as a loss of control by a skater with the result that the majority of his/her own body weight is on the ice supported by any other part of the body other than the blades e.g. hand(s), knee(s), buttock(s), or any part of the arm (Rule 503, para 1).

NOVICE B

To compete in this Category, **Novice B level** is required for a Belgian Skater.

Free Skating Program for Girls & Boys: 3:00 min +/- 10 sec.

Warming up: **6 minutes**, Warm-up groups can be maximum up to eight (8) skaters.

Vocal music is allowed in this category.

There will be **no** Bonus for jump elements performed in the second half of the Free Program.

A well balanced Free Skating program for Novice B singles Girls and Boys must contain:

(According ISU communication n° 2024)

- a) Maximum of **five (5) jump elements for Girls** one of which must be an Axel type jump.
Maximum of **six (6) jump elements for Boys** one of which must be an Axel type jump.
There may be up to two (2) jump combinations or sequences.
A jump combination can contain only two (2) jumps.
A jump sequence can contain any number of jumps, but only the two most difficult jumps will be counted.
Only two (2) jumps with two and a half (2 ½) or more revolutions can be repeated either in a jump combination or in a jump sequence.
Any single, double (including Double Axel) or triple jumps cannot be executed more than twice in total.
Rule 612, para 2, part Repetitions: If an extra jump(s) is executed, only the individual jump(s) which is not according to the requirements will have no value. The jumps are considered in the order of execution.
- b) There must be a maximum of **two (2) spins of a different nature (abbreviation)**
One (1) Spin combination: a spin combination with a change of foot minimum eight (8) revolutions or without a change of foot with a minimum six (6) revolutions.
One (1) Spin with no change of position: a spin with in one position with a change of foot minimum eight (8) revolutions or without change of foot minimum six (6) revolutions.
In both spins flying entries **ARE** allowed.
The minimum of required revolutions must be counted from the entry of the spin until its exit (except final wind-up in spins in one position spin).
- c) There must be **one (1) step sequence with fully utilizing the ice surface**.

The Program Components are only judged in:

- Skating Skills
- Performance
- Interpretation of the Music

Component factor for Girls: 1.7

Component factor for Boys: 2.0

LEVEL EXPLANATION:

All elements, which are subject to levels, only features up to **Level 2** will be counted.

Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

If a **double Axel (2A) and/or a triple jump** is executed and called by the Technical Panel (no < or <<) in the program, a bonus of 0.5 will be given even if there is a fall.

FALL -0.5 Pt: A Fall is defined as a loss of control by a skater with the result that the majority of his/her own body weight is on the ice supported by any other part of the body other than the blades e.g. hand(s), knee(s), buttock(s), or any part of the arm (Rule 503, para 1).

ADVANCED NOVICE

To compete in this Category, **Advanced Novice level** is required for a Belgian Skater.

Free Skating Program for Girls: 3:00 min +/- 10 sec.

Free Skating Program for Boys: 3:30 min +/- 10 sec.

Warming up: **6 minutes**, Warm-up groups can be maximum up to eight (8) skaters.

Vocal music is allowed in this category.

There will be **no** Bonus for jump elements performed in the second half of the Free Skating Program.

A well balanced Free Skating Program must contain:

(According ISU Communication n° 2024)

- a) Maximum **6 jump elements for Girls** one of which must be an Axel type jump.
Maximum **7 jump elements for Boys** one of which must be an Axel type jump.
There may be up to two (2) jump combinations or sequences.
A jump combination can contain only two (2) jumps.
A jump sequence can contain any number of jumps, but only the two most difficult jumps will be counted.
Only two (2) jumps with three (3) or more revolutions can be repeated either in a jump combination or in a jump sequence.
Any single, double (including Double Axel) or triple jumps cannot be executed more than twice in total.
Rule 612, para 2, part Repetitions: If an extra jump(s) is executed, only the individual jump(s) which is not according to the requirements will have no value. The jumps are considered in the order of execution.

- b) There must be a maximum of **two (2) spins of a different nature (abbreviation)**
One (1) spin combination: a spin combination with a change of foot minimum eight (8) revolutions. Flying entrance is **NOT** allowed.
One (1) flying spin or spin with a flying entrance: a flying spin minimum six (6) revolutions or a spin in one position with a change of foot and a flying entrance minimum eight (8) revolutions. The minimum of required revolutions must be counted from the entry of the spin until its exit (except final wind-up in spins in one position spin).

- c) There must be **one (1) step sequence fully utilizing the ice surface**.

The Program Components are only judged in:

- Skating Skills
- Transitions
- Performance
- Interpretation of Music

Component factor free for Girls: 1.6

Component factor free for Boys: 1.8

LEVEL EXPLANATION:

All elements, which are subject to levels, only features up to **Level 3** will be counted.

Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

If a double Axel (2A) and/or a triple jump is executed and called by the Technical Panel (no < or <<) in the program, a bonus of 0.5 will be given even if there is a fall.

FALL -0.5 Pt: A Fall is defined as a loss of control by a skater with the result that the majority of his/her own body weight is on the ice supported by any other part of the body other than the blades e.g. hand(s), knee(s), buttock(s), or any part of the arm (Rule 503, para 1).

JUNIOR

Only skaters with a **Junior level and/or Senior level** can participate in this category.

Free Skating Program for Ladies: 3:30 min +/- 10 sec.

Free Skating Program for Men: 4:00 min +/- 10 sec.

Warming up: **6 minutes**, Warm-up groups can be maximum up to six (6) skaters.

Vocal music is allowed in this Category.

There will be a **Bonus** for jump elements performed in the second half of the Free Skating Program.

A well balanced Free Skating Program for Ladies and Men must contain:

- a) Maximum of **seven (7) jump elements for Ladies**, one of which must be an Axel type jump
Maximum of **eight (8) jump elements for Men**, one of which must be an Axel type jump
Rule 612, para 2, part Repetitions: If an extra jump(s) is executed, only the individual jump(s) which is not according to the requirements will have no value. The jumps are considered in the order of execution.
- b) Maximum of **three (3) spins**
A spin combination with or without change of foot (minimum ten (10) revolutions in total)
A flying spin or spin with flying entrance with or without change of foot (minimum six (6) revolutions in total)
A spin in one position with or without change of foot (minimum six (6) revolutions in total)
- c) Maximum of **one (1) step sequence**

For more remarks:

see ISU SPECIAL REGULATION & TECHNICAL RULES – SINGLE AND PAIR SKATING

Rule 612 Free Skating Singles

The program components:

- Skating Skills
- Transition
- Performance/Execution
- Composition
- Interpretation of Music

Component factor Free for Ladies: 1.6

Component factor Free for Men: 2.0

LEVEL EXPLANATION:

All elements, which are subject to levels, only features up to **Level 4** will be counted.

Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

If a triple jump is executed and called by the Technical Panel (no < or <<) in the program, a bonus of 1.0 will be given even if there is a fall.

FALL -1.0 Pt: A Fall is defined as a loss of control by a skater with the result that the majority of his/her own body weight is on the ice supported by any other part of the body other than the blades e.g. hand(s), knee(s), buttock(s), or any part of the arm (Rule 503, para 1).

SENIOR

To compete in this category, **Senior level** required for a Belgian Skater.

Free Skating Program for Ladies: 4:00 min +/- 10 sec.

Free Skating Program for Men: 4:30 min +/- 10 sec.

Warming up: **6 minutes**, Warm-up groups can be maximum up to six (6) skaters.

Vocal music is allowed in this Category.

There will be a Bonus for jump elements performed in the second half of the Free Skating Program

A well balanced Free Skating Program for Ladies and Men must contain:

- a) Maximum of **seven (7) jump elements for Ladies**, one of which must be an Axel type jump
Maximum of **eight (8) jump elements for Men**, one of which must be an Axel type jump
Rule 612, para 2, part Repetitions: If an extra jump(s) is executed, only the individual jump(s) which is not according to the requirements will have no value. The jumps are considered in the order of execution.
- b) Maximum of **three (3) spins**
One (1) spin in one position with or without change of foot
(minimum six (6) revolutions in total)
One (1) spin combination with or without change of foot
(minimum ten (10) revolutions in total)
One (1) flying spin or spin with flying entrance with or without change of foot
(minimum six (6) revolutions in total)
- c) Maximum of **one (1) step sequence**
- d) Maximum of **one (1) choreographic sequence**

For more remarks: see ISU SPECIAL REGULATION & TECHNICAL RULES – SINGLE AND PAIR SKATING

Rule 612 Free Skating Singles

The program components:

- Skating Skills
- Transition
- Performance
- Composition
- Interpretation of the Music

Component factor for Ladies: 1.6

Component factor for Men: 2.0

LEVEL EXPLANATION:

All elements, which are subject to levels, only features up to **Level 4** will be counted.

Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

Increase deduction for multiple falls in Senior Single Skating: -1.0 for the first and second fall, -2.0 for the third and fourth falls, -3.0 for the fifth and any further falls.

A Fall is defined as a loss of control by a skater with the result that the majority of his/her own body weight is on the ice supported by any other part of the body other than the blades e.g. hand(s), knee(s), buttock(s), or any part of the arm (Rule 503, para 1).

