



NATIONAL

B-COMPETITION YOUNG ADULTS REGULATIONS

General rules:

This new category is created for skaters who can compete in B-Competitions only and still want to participate in B-Competitions but don't want to compete with youngsters.

Categories:

There are four (4) different categories in the Young Adults categories:

- Young Adult Bronze
This is a category for skaters who can execute all single jumps but NO single Axel.
- Young Adult Silver
This is a category for skaters who can execute all single jumps including single Axel.
- Young Adult Gold
This is a category for skaters who can execute all single jumps including single Axel and double jumps but NO double Flip, double Lutz and no double Axel.
- Young Adult Master
This is a category for skaters who can execute all single, and double jumps including double Axel and triples.

Age:

- Skaters has reached at least the age of seventeen (17) by July 1st preceding the competition for Ladies and Men for all categories.
- Skaters has not reached the age of twenty-three (23) by July 1st preceding the competition for Ladies and Men for all categories.

Minimum requirement:

- The minimum of level test is competition level or Pre-Preliminary MIF.

Which Competitions:

- Young Adult skaters can participate in all National B-Competitions.
- This skaters group cannot participate in A-Competitions, International Interclub A-Competitions or International Interclub B-Competitions (Pirouette Skate-Leuven).

Special remarks:

- Skaters who can participate in A-Competitions cannot compete in the Young Adult categories.
- Once a skater who can compete in B-Competitions decide to participate in the Young Adult categories, she/he has to compete the whole season in Young Adult categories. (The skater has to make this decision before the first Belgian Competition)
- Young Adult skaters cannot participate in the B-Competitions level categories, National or International interclub competitions.
- Skaters cannot increase their figure skating level in the category Young Adults.
- If a skater competes in the Young Adult categories during one (1) season and wanted to upgrade her/his figure skating level, the skater can restart in the beginning of a new season in her/his obtained level category in the B-Competitions level categories. In this case the skater has to compete in that season only in the B-Competition level categories.
- Skaters who compete in Young Adult categories keep their figure skating level for B-Competitions level categories.
- Coaches with a license cannot compete in the Young Adult Competition.

Organizing clubs:

- All Belgian clubs who organize a National Young Adult B-competition need to put these regulations of the federation KBKF/FRBPA in their announcement.

YOUNG ADULT BRONZE

To compete in this Category, **Competition level or Pre-pre preliminary** is required for a Belgian Skater.

Has reached a least the age of seventeen (17) by July 1st preceding the competition for Ladies and Men.

Vocal music may be used.

The maximum time for Ladies and Men: Maximum 1:50 min. (but may less).

A competitor in the bronze free skating event must perform a well-balanced program that may contain:

- a) A maximum of four (4) jump elements, consisting only of single jumps. **Axel type jumps, double jumps and triple jumps are NOT permitted.** There may up to two (2) jump combinations or jump sequences in the free program.
 - One (1) jump combination may consist of up to three (3) listed jumps. The other jump combination may consist of two (2) listed jumps.
 - A jump combination may consist of the same or another single jump.
 - A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps/turns, crossovers or stroking during the sequence. Only the two (2) listed jumps with the highest value will count towards the technical score.
 - Each listed jump may be repeated only ones.
 - Please not that a half-loop in combination or in a sequence with any other listed jump will be called as a listed jump (1Lo).
- b) A maximum of two (2) spins of a different abbreviation one of which must be a spin in one position with no change of foot. Flying spins are **NOT** permitted.
 - The spins must have a required minimum number of revolutions: three (3) for a spin in one position with no change of foot, four (4) for the spin combination with no change of foot and six (6) (3+3) for the spin combination with change of foot or the spin in one position with change of foot.
 - There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- c) A maximum of one (1) choreographic sequence (ChSq), covering at least half of the ice surface.
 - Only the first executed attempt of a choreographic sequence will contribute to the technical score.
 - A choreographic sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauer's, hydro blading, transitional (unlisted) jumps, spinning movements etc.
 - The choreographic sequence commences with the first move and is concluded with the last move of the skater.
 - The pattern is not restricted.
 - A choreographic sequence has a base value and will be evaluated by the judges GOE only.

Only features up to **level 1** will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

The Program Components are only judged in:

- Skating Skills
- Transitions

Component factor for ladies and men: 1.6

FALL -0.5 Pt: A Fall is defined as loss of control by a skater with the result that the majority of his/her own body weight is on the ice supported by any other part of the body other than the blades e.g. hand(s), knee(s), buttock(s), or part of the arm (Rule 503, para 1).

YOUNG ADULT SILVER

To compete in this Category, **Competition level or Pre-pre preliminary** is required for a Belgian Skater.

Has reached a least the age of seventeen (17) by July 1st preceding the competition for Ladies and Men.

Vocal music may be used.

The maximum time for Ladies and Men: Maximum 2:10 min. (but may less).

A competitor in the silver free skating event must perform a well-balanced program that may contain:

- a) A maximum of five (5) jump elements, consisting of any single jumps (**including the single Axel**). **Double jumps and triple jumps are NOT permitted.** There may up to three (3) jump combinations or jump sequences in the free program.
- One (1) jump combination may consist of up to three (3) listed jumps. Two (2) jump combination may consist of two (2) listed jumps.
 - A jump combination may consist of the same or another single jump.
 - A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps/turns, crossovers or stroking during the sequence. Only the two (2) listed jumps with the highest value will count towards the technical score.
 - Each listed jump may be repeated only ones.
 - Please not that a half-loop in combination or in a sequence with any other listed jump will be called as a listed jump (1Lo).
 - Non-listed jumps may be included in the program as part of the connecting footwork.
- a) A maximum of three (3) spins of a different abbreviation one of which must be a spin combination. Flying spins **ARE** permitted.
- The spins must have a required minimum number of revolutions: three (3) for the flying spin with no change of foot after landing, three (3) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (8) (4+4) for the spin combination with change of foot or the spin in one position with change of foot.
 - There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- b) A maximum of one (1) choreographic sequence (ChSq), full covering of the ice surface.
- Only the first executed attempt of a choreographic sequence will contribute to the technical score.
 - A choreographic sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauer's, hydro blading, transitional (unlisted) jumps, spinning movements etc.
 - The choreographic sequence commences with the first move and is concluded with the last move of the skater.
 - The pattern is not restricted.
 - A choreographic sequence has a base value and will be evaluated by the judges GOE only.

Only features up to **level 2** will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

The Program Components are only judged in:

- Skating Skills
- Performance
- Interpretation of the Music

Component factor for ladies and men: 1.6

FALL -0.5 Pt: A Fall is defined as loss of control by a skater with the result that the majority of his/her own body weight is on the ice supported by any other part of the body other than the blades e.g. hand(s), knee(s), buttock(s), or part of the arm (Rule 503, para 1).

YOUNG ADULT GOLD

To compete in this Category, **Competition level or Pre-pre preliminary** is required for a Belgian Skater. Has reached a least the age of seventeen (17) by July 1st preceding the competition for Ladies and Men. Vocal music may be used.

The maximum time for Ladies and Men: Maximum 2:50 min. (but may less).

A competitor in the gold free skating event must perform a well-balanced program that may contain:

- a) A maximum of six (6) jump elements, consisting of any single jumps (including the single Axel) and double jumps. **Double Flip, double Lutz, double Axel and triple jumps are NOT permitted.** There may up to three (3) jump combinations or jump sequences in the free program.
 - One (1) jump combination may consist of up to three (3) listed jumps. Two (2) jump combination may consist of two (2) listed jumps.
 - A jump combination may consist of the same or another single or double jump, with exception of the jumps in **bold** above.
 - A jump sequence may consist of any number of single and double jumps, with exception of the jumps in **bold** above, that may be linked by non-listed jumps like mazurkas etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps/turns, crossovers or stroking during the sequence. Only the two (2) listed jumps with the highest value will count towards the technical score.
 - Each listed jump may be repeated only ones.
 - Please not that a half-loop in combination or in a sequence with any other listed jump will be called as a listed jump (1Lo).
 - Non-listed jumps may be included in the program as part of the connecting footwork.
- b) A maximum of three (3) spins of a different abbreviation one of which must be a spin combination with a change of foot and one **MUST** be a flying spin.
 - The spins must have a required minimum number of revolutions: four (4) for the flying spin with no change of foot after landing, four (4) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (8) (4+4) for the spin combination with change of foot or the spin in one position with change of foot.
 - There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- c) A maximum of one (1) step sequence (StSq), fully utilizing the ice surface.
 - Only the first executed attempt of a step sequence will contribute to the technical score.

Only features up to **level 3** will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

The Program Components are only judged in:

- Skating Skills
- Transitions
- Performance
- Interpretation of the Music

Component factor for ladies and men: 1.6

FALL -1.0 Pt: A Fall is defined as loss of control by a skater with the result that the majority of his/her own body weight is on the ice supported by any other part of the body other than the blades e.g. hand(s), knee(s), buttock(s), or part of the arm (Rule 503, para 1).

YOUNG ADULT MASTER

To compete in this Category, **Competition level or Pre-pre preliminary** is required for a Belgian Skater. Has reached a least the age of seventeen (17) by July 1st preceding the competition for Ladies and Men. Vocal music may be used.

The maximum time for Ladies and Men: Maximum 3:10 min. (but may less).

A competitor in the master free skating event must perform a well-balanced program that may contain:

- d) A maximum of seven (7) jump elements, one of which must be an Axel type jump. **Single, double and triple jumps are permitted.** There may up to three (3) jump combinations or jump sequences in the free program.
- One (1) jump combination may consist of up to three (3) listed jumps. Two (2) jump combination may consist of two (2) listed jumps.
 - A jump combination may consist of the same or another single, double or triple jumps.
 - A jump sequence may consist of any number of jumps of any number of revolutions, that may be linked by non-listed jumps like mazurkas ect. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps/turns, crossovers or stroking during the sequence. Only the two (2) listed jumps with the highest value will count towards the technical score.
 - Each listed jump may be repeated only ones.
 - Please not that a half-loop in combination or in a sequence with any other listed jump will be called as a listed jump (1Lo).
 - Non-listed jumps may be included in the program as part of the connecting footwork.
- e) A maximum of three (3) spins of a different abbreviation one of which must be a spin combination with a change of foot and one **MUST** be a flying spin.
- The spins must have a required minimum number of revolutions: five (5) for the flying spin with no change of foot after landing, five (5) for the spin with only one position and no change of foot and five (5) for the spin combination with no change of foot and eight (8) (4+4) for the spin combination with change of foot or the spin in one position with change of foot.
 - There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- f) A maximum of one (1) step sequence (StSq), fully utilizing the ice surface.
- Only the first executed attempt of a step sequence will contribute to the technical score.

Only features up to **level 4** will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

The Program Components are only judged in:

- Skating Skills
- Transition
- Performance
- Composition
- Interpretation of the Music

Component factor for ladies and men: 1.6

FALL -1.0 Pt: A Fall is defined as loss of control by a skater with the result that the majority of his/her own body weight is on the ice supported by any other part of the body other than the blades e.g. hand(s), knee(s), buttock(s), or part of the arm (Rule 503, para 1).

